

## Lesson 82: Ten Commandment (Part 1)

[Exodus 19:16–20:11](#)

**Youtube Link:** <https://youtu.be/nGf28KbAeio>

**Children's Bible Story Video:** [https://youtu.be/\\_DNG3sx0P0I](https://youtu.be/_DNG3sx0P0I)

**Worship Theme: Obeying God's laws make God happy.**

**Memory Verse:** "Love the Lord your God with all your heart and with all your soul and with all your strength." (Deut. 6:5)

Songs (Youtube links):

1. I Have a New Commandment <https://youtu.be/lio2oGzBFz8>
2. Be Humble Before the Lord <https://youtu.be/7WO74xMesGU>
3. It's a Great Day <https://youtu.be/Z91SULEHfho>

### Prayer

**Song:** Select songs from the list above

### Icebreaker: "Let's Make Rules"



1. Divide the children into groups of 3-4.
2. Ask each group to think about one most important rule for Sunday School class. (It can be listen to the teacher, bring the bible, praise God loudly, raise your hand to talk, pray with all your heart, trust God, etc.)
3. Ask children to share the rules and explain

why these rules are important. (The rules are important because it helps us to respect each other and behave in class.)

### Introduction:

Today, we are going to be talking about some rules / laws that God made thousands of years ago. These laws are called the Ten Commandments. God gave us the Commandments because he wanted to help us know how to live so that we can make God happy. When we obey God's laws and follow God, it shows that God is important to us. This makes God happy! Some people think that following God's laws means you can't have fun. But that's not true. God gives us commandments because he loves us. God's commandments protect us and help us to make better choices in life. Let's find out what rules were given to us because the commandments are like a mirror for us.

### Bible Story:

Our Bible story tells us about a man named Moses. Moses climbed Mount Sinai to worship God. Let's pretend to climb the mountain. (Have the children march in place.) Let's get on our knees to worship God. (Have the children kneel.) When Moses got to the top of Mt. Sinai, God was there. God talked to Moses! God told Moses ten important things. We call these things the Ten Commandments. Can you say that? (Have the children say, "Ten Commandments.") One of the Ten Commandments tells us to honor God. God wrote the commandments on big stones so that Moses and the Israelites would remember what they were.

**Commandment 1:** "You shall have no other gods before me (Ex. 20:3) The first commandment tells us that God is more important than anyone else. God is number one.

**Commandment 2:** "You shall not make for yourself an image in the form of anything (Ex. 20:4). The second commandment tells us to never make an idol to worship. Sometimes people in those days would carve a stone or a piece of wood to look like a person. Then they'd pretend that it was God. Isn't that silly? God wanted them to remember that he's the only real God.

**Commandment 3:** “You shall not misuse the name of the Lord your God” (Ex. 20:7). The third commandment God gave to Moses was that people should be careful how they used God’s name. God is important. It wouldn’t be right to be silly with God’s name or to use God’s name in anger.

**Commandment 4:** “Remember the Sabbath day by keeping it holy” (Ex. 20:8). The fourth commandment is to keep one day a week as a special day to worship God—that’s the day we come to church.

One reason God gives us rules is to keep us safe, and that shows how much God loves us. We have a choice. We can decide to follow God’s rules or we can decide not to follow them. When we follow God’s rules, we’re saying we agree that God knows best—and we’re making God happy. Let’s tell God that we want to make God happy by trusting him and following his rules.

### Questions to discuss:

1. Who went to the mountain top to get the Ten Commandments? (Moses)
2. What is the name of the mountain? (Mt. Sinai)
3. Why did God give us the Ten Commandments? (To protect us)
4. How does God feel when we follow God’s Commandments? (He is happy)
5. We learned 4 rules today. What can you do to obey these 4 rules? (remember God is number 1, don’t worship idols, use God’s name with respect, go to church on Sunday)

Game: A Walk to Remember the 10 Commandments

Material needed: The paper with the 4 Commandments written on it, 4 chairs



1. Tape the 4 Commandments on each chair.
2. Place each chair in the four corners of the classroom. Leave enough space for the children to dance in the middle.
3. Play the music for the children to dance.
4. When the music stops, children can run to any of the four chairs and stand around it.
5. The teacher can choose any one chair and ask

the children to read the commandment that’s taped on that chair.

6. Play the music again, and let the children choose a chair again. The teacher will choose a different chair and have the children read the commandment that’s taped on that chair.
7. Play the game until all four commandments have been read by the children.



**Memory Verse:** “Love the Lord your God with all your heart and with all your soul and with all your strength.” (Deut. 6:5)

### Craft:

1. Print the stone tablets (see below)
2. Have the children write the first four commandments on the tablet (or if the children cannot write, print out the commandments for the children to cut and paste.)

**Song:** Select songs from the list above

### Prayer

#### Teacher’s Devotion (Please read before you get ready to teach the students.)

Following Jesus is not about obeying rules; it’s about knowing him. However, our obedience in honoring and glorifying God in our everyday lives allows our relationship with Jesus to grow. When we honor and follow God, blessings come to us and to the people around us. What blessings have you received from teaching these children? Pray that the ministry you are involved in today helps your students experience God’s blessing. May you see the fruit of God’s work through your obedience.

**Ten Commandments:**

1. Have no other gods but God.

2. Do not worship idols.

3. Be careful with God's name.

4. Keep the Sabbath day special.

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