

Lesson #72: Jesus Appears to His Disciples

[John 20:19-31](#)

Youtube Link: <https://youtu.be/6mxcOdGyo5k>

Children's Bible Story Video: <https://youtu.be/-k0IB1ZorlA>

Worship Theme: Believe in Jesus.

Memory Verse: "Then Jesus told him, "Because you have seen me, you have believed; blessed are those who have not seen and yet have believed." (John 20:29)

Songs (Youtube links):

1. He Is Lord <https://youtu.be/JWTOzAqGcyl>
2. He is Alive <https://youtu.be/Ux9CIfRcNSw>
3. With Christ on the Boat <https://youtu.be/2eORYd5n2l8>

Pray

Song: Select songs from the list above.

Icebreaker: "Who Am I?"

Materials: Kroma

1. Ask the children to sit in a circle.
2. Select one child, blindfold him/her, and have him/her sit in the middle of the circle.
3. Let the blindfolded child turn 3 times and walk around to grab the hand of any child in the circle.
4. When the blindfolded child grabs the hand of a child, the child will make any animal sound and the blindfolded child will have to guess who this child is (only by listening to the animal sound).
5. If the blindfolded child guesses correct, the other child will be blindfolded to play the game again.
6. After the game, explain to the children that sometimes we hear the voice of God but still doubt. We need to train our spiritual ears to learn the voice of God so that we know when God is speaking to us.

Introduction:

Do you believe your parents? Do you have friends whom you can trust? After Jesus was crucified on the cross, he resurrected. Some people could not believe that Jesus resurrected. Today we will learn about people who came to believe that Jesus overcame death and returned to life to be our King of kings and Lord of lords!

Bible Story:

It was Sunday evening. Many of the disciples were together, and they were scared. This was the third day after Jesus had died. The disciples were scared of the Jewish leaders who killed Jesus, so they had locked the door and stayed hidden from other people. The bible says that, "Jesus came and stood among them." Even though the door was locked, Jesus appeared before them. And Jesus said, "Peace be with you." He also showed them his hands and side where he was was pierced. The bible says that "the disciples were overjoyed when they saw the Lord."

But there was one disciple named Thomas who was not there to see the resurrected Jesus. Even when the disciples said that they have seen the Lord, he said, "Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe." (John 20:25)

A week later, when Thomas and the disciples were in the house again, Jesus appeared to them again! He said to Thomas, "Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe." (John 20:27)

Thomas finally believed in Jesus and said, "My Lord and my God!"

John 20:29 says, "Then Jesus told him, "Because you have seen me, you have believed; blessed are those who have not seen and yet have believed." We are blessed because we believe in Jesus even though we didn't get to see him like the disciples and Thomas.

We believe that Jesus is the Son of God who came to earth to die for our sins because the wages of sin is death (Romans 6:23). Because Jesus died for us, we can now receive the gift of God which is eternal life by believing in Christ Jesus our Lord! This is an amazing gift of God!

Questions to discuss:

1. What were the disciples doing after Jesus died on the cross? (They were hiding from Jewish leaders who crucified Jesus)
2. How did Jesus come into their room? (He just appeared even when the door was locked)
3. What did Thomas say needs to happen before he believed that Jesus resurrected from the dead? (He said he needed to see the nail marks, put his finger where the nails were, and put his hand into the side of Jesus)
4. What did Thomas say when Jesus appeared before him and showed him the nail marks? (He said, "My Lord and my God!")
5. Who did Jesus say is more blessed? (Those who believe in Jesus even when we have not seen him)

Game: "Let's Draw Jesus"

Materials Needed: Kroma or mask, paper, pencil or markers

1. Teacher should tape one sheet of paper on the wall for each group.
2. Divide the children into 2 or 3 groups and ask them to stand, facing the paper on the wall.
3. Blindfold the first child in line and give a pencil or marker to the first child of the group, and ask this child to start drawing Jesus as their group tells them what to draw (head, eyes, ears, nose, etc.)
4. When the first child is done drawing his/her part (head, eyes, ears, nose, etc.), then the next child will be blindfolded to continue to draw Jesus. The group will continue to take turns until they complete drawing Jesus.
5. The group that has the best drawing will the game. (This can be decided by the children by raising their hand to the best drawing.)
6. After the game, the teacher can explain that everyone had to listen to their group to draw Jesus. In the same way, we need to listen to Jesus carefully and clearly.

Memory Verse:

"Then Jesus told him, "Because you have seen me, you have believed; blessed are those who have not seen and yet have believed." (John 20:29)

Craft:

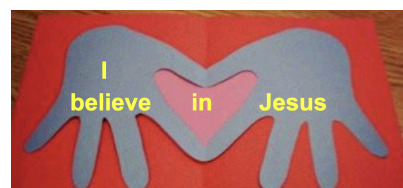
Materials Needed: Paper, pencil, scissors, glue



1. Trace your hand on a folded paper
2. Cut it out making sure not to cut off the thumb and the index finger



3. Open the cut out and you should be able to see a heart
4. Glue this on a different paper.
5. Write "I believe in Jesus" on the heart or the hand.



Song: Select songs from the list above

Pray

Teacher's Devotion (Please read before you get ready to teach the students.)

Do you ever feel like Thomas? Jesus revealed himself to Thomas and helped Thomas to see that Jesus came back to life. John 20:29. It says, "Then Jesus told him, "Because you have seen me, you have believed; blessed are those who have not seen and yet have believed." Jesus is talking about you! It takes great faith to believe when you can't see or touch Jesus; that's why he calls your relationship with him "blessed"!