

Lesson 139: Elijah Helps a Widow
[1 Kings 17:7-24](#)

Youtube Link for Teachers: <https://youtu.be/CCA5ubS49ql>

Children's Bible Story Video: <https://youtu.be/pLHKBJ3ga4Q>

Worship Theme: We please God by trusting him.

Memory Verse: "And we know that in all things God works for the good of those who love him, who have been called according to his purpose." (Romans 8:28)

Songs (Youtube links):

1. When the Spirit of the Lord <https://youtu.be/RODHIMCRzw4>
2. Hosanna in the Highest <https://youtu.be/QWQ47zCVaCw>
3. When I Am Afraid <https://youtu.be/WCZlwlstAzc>

Pray

Song: Select songs from the list above.

Icebreaker: "Move That Bottle"

Materials needed: Bottled water, strings, small soap container



1. Tie 5 long strings on a bottled water.
2. Select 5 children and have them tie the end of the strings from the bottled water to their waist.
3. They have to transport the bottled water together to the end of the classroom and place it on a small soap container. They may have to bend down to make the bottled water stand on the container.
4. After group 1 is done, then group 2 will play the game. Continue until all the groups played the game.
5. Teacher should measure the time for each group.

The team that can complete this in the shortest time will win the game.

6. After the game, explain to the children that they had to trust and help each other to succeed in this game. The children also had to listen to each other. In the same way, we need to trust God and listen to God.

Introduction:

Having trust in someone means having a very strong belief or confidence in that person's honesty and reliability. It means believing the person will do as he or she says and will act in a just way. Who do you trust? Do you trust your parents? Grandparents? Uncles and aunts? Friends? Today, we will learn about a prophet and a woman who trusted God when they were in trouble.

Bible Story:

After King Solomon's son, Rehoboam, became the king of Judah, the bible says that "Judah did evil in the eyes of the Lord" (1 Kings 14:22). The other kingdom, called Israel, also did evil in the eyes of God. Today's story takes place in Israel under King Ahab. He was an evil king and worshiped an idol called Baal. They believe that Baal gave them rain, so to show them that Baal has no power, God caused drought in the kingdom.

Many people in Israel suffered, and today's story is about a widow who learns to trust God. A widow is a woman whose husband has died. In Bible times, a widow sometimes had no one to take care of her and live in poverty. Elijah was staying near the town where the widow lived, and God told Elijah to go to this widow for some food. Elijah trusted God and obeyed. When Elijah met her, he asked her to bring him some water and bread. The widow told Elijah that she had only enough flour and oil for her son and herself to have one meal. Elijah told the widow not to be afraid and to make some bread for him before she made anything for herself and her son.

The widow and her son were hungry. Do you think it was easy for the widow to make food for Elijah instead of her son and herself? No, it was hard. The son could've told his mother not to obey God. But the widow and the son did as Elijah asked. Elijah told the widow that God would take care of her and that her flour and oil would not run out because she obeyed God. And God kept his promise. Even after she used all her flour and oil to make food for Elijah, every day, there was more flour and oil to make meals for the widow and her son until the drought was over.

Elijah trusted God so much that he went where God told him to go. God blessed him for that. The widow trusted God so much that she shared what little food she had with Elijah. God blessed her for that. God is happy when we trust him. That is what God wants us to do. Many things may happen to us that make us afraid or confused. But God is happy when we trust him to help us. God wants us to trust that he will take care of us.

Questions to discuss:

1. Which idol did Israel believe in instead of God? (Baal)
2. What power did Israel think Baal had? (Give rain)
3. What did God do to show that Baal has no power? (He stopped rain and caused drought; Israelites prayed to Baal for rain, but no rain came because Baal has no power)
4. How did the widow show that she trusted God? (She used all of her flour and oil to cook for Elijah in faith)
5. What happened when she trusted God in times of trouble? (She never ran out of flour and oil)
6. What can you do when you are afraid, confused, or troubled? (Trust God will help us)

Game: "Passing the Ball"

Materials Needed: 2 balls, round fruit



1. Help children stand in one line in the center of the classroom.
2. One teacher will stand in the front of the children and the other teacher will stand in the back. Both teachers will roll the ball in between the legs of the children.
3. If the ball touches the legs of the children, they will lose the game. So when the ball passes by them, they have to open their legs wide. If the ball touches the children, they will leave the line and stand on the side.
4. When the ball reaches to the end or when it touches the children, both teachers will get the ball and roll it back in between the legs of the children again.
5. Play the game until 3-5 children are left. They are the winners.
6. After the game, explain to the children that children had to obey the directions from the teachers just as the widow obeyed Elijah. We need to trust that God will always take care of us when we obey him.

Memory Verse:

"And we know that in all things God works for the good of those who love him, who have been called according to his purpose." (Romans 8:28)

Craft: "Widow Trusts God" - Coloring Page

Song: Select songs from the list above

Pray

Teacher's Devotion (Please read before you get ready to teach the students.)

A growing faith in Jesus brings peace of mind even when there is trouble in life. Elijah was a man without a land, shelter, food, water, or fellowship. But his faith allowed him to serve God with willingness and thankfulness. What are you most afraid of? How has that fear disabled your ability to experience God in his fullness? Pray now to begin the process of releasing that fear and trusting God to provide for you through it.

“Widow Trusts God” - Coloring Page



Write the memory verse: _____
