Lesson 118: Jesus Teaches His Disciples to Pray

Matthew 6:5-13

Youtube Link for Teachers: https://youtu.be/4CMh7LaEh6k

Children's Bible Story Video: https://youtu.be/WYwqXxVeLws

Worship Theme: We can talk to God.

Memory Verse: "Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours. (Mark 11:24)

Songs (Youtube links):

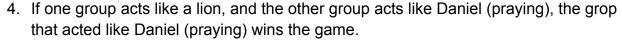
- 1. Give Praise to Jesus https://youtu.be/PtAbR7-xroM
- 2. God Will Make Me Happy https://youtu.be/S6mflMXkLNc
- 3. We Should Pray Every Day https://youtu.be/yXD_OmWydVk

Pray

Song: Select songs from the list above.

Icebreaker: "The Prophet Daniel"

- 1. Divide the children into 2 groups and explain the 3 actions for the game.
 - a. King's advisor (Thinking)
 - b. Daniel (Praying)
 - c. Lion (Growl)
 - Daniel can beat the lion / lion can beat king's advisor/ king's advisor can beat Daniel
- 2. Pick a leader for each group and ask each group to line up by standing back to back.
- 3. Each leader will discuss with their team member to decide their action. When the teacher count to 3, both group will turn to each other and act it out.



5. After the game, explain to the children that praying will help us to beat even the lion. There is power in prayer.

Introduction:

How many of you have younger siblings? Did you ever help take care of them? Have you ever had to teach them to talk, laugh, cry, write, dance, sit, walk, or eat? Have you ever taught them to pray? Do you know how to pray? In today lesson, Jesus will teach us how to pray.

Bible Story:

The bible story today is about Jesus teaching his disciples how to pray. Prayer is for God. This is how we can talk to God and God can talk to us. God is our Father. He loves us and he wants to hear from us. He wants us to come to him and ask for what we need, and he promises to give it to us. There's nothing we can do to earn or deserve anything from God, but he promises to grant us what we need for life.

Jesus first taught his disciples that they should not pray to show other people. Jesus also taught his disciples that they should not try to use hard words or a lot of repeated words to pray. He said God knows what we need before we even ask him.

Then, he taught his disciples the "Lord's Prayer." Let's read the first part of the "Lord's Prayer" in Matthew 6:9-10: "Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven."

We can see that we should start our prayer by praising God and asking God's will to be done. We have think about what God wants from us so that we can please him.

After we seek God's will, we then pray about our personal, daily needs for food,



forgiveness, and freedom from temptation. Let's read the second part in Matthew 6:11-13: "Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one."

The Lord's Prayer shows us that prayer is not only about asking God to give us what we need but also remembering that we need God. Without God, we cannot avoid temptation or sin. We need God to make good choices in our lives. This is why we need to pray.

God wants us to come to him when we fail. We can talk to God about things we'd be embarrassed to share with anyone else. He wants us to talk to him about stuff we think no one in the world could understand. We can go to God whenever we need a friend or whenever we need help. God will always understand us. We can always talk to God, and God always listens!

Questions to discuss:

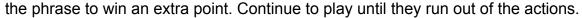
- 1. What are two things that we should not do when we pray? (Pray to show other people, pray using hard or a lot of repeated words)
- 2. What does the first part of the "Lord's Prayer" teach us about prayer? (Praise God and ask God's will to be done)
- 3. What does the second part of the "Lord's Prayer" teach us about prayer? (We ask God to help us in our daily needs for food, forgiveness, and temptation)
- 4. When can we pray to God so that God can hear us? (Anytime!)
- 5. What can you say in your prayer? (Everything! God wants us to come and talk to him)

Game: "Guess the Actions"

Materials Needed: 10 sheets with action phrases (5 for each group)

Sample actions: A chicken rides a bicycle, a pig drinks milk, a cow drowns, a duck swimming, etc.

- 1. Divide the children into 2 groups and choose a leader for each group to pick 5 sheets from the teacher.
- Each team leader takes turn to act out the action (without saying anything) on their sheet. They have 3 chance to guess, and they will get 1 point when they guess correctly. If their team member cannot guess it right, the other group can guess



- 3. The group with most points wins the game.
- 4. After the grame, explain to the children that Jesus never has to guess our actions because he knows what we need. And we can always pray to Jesus to talk to him!

Memory Verse:

"Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours. (Mark 11:24)

Craft: "Prayer Box"

Materials Needed: Print craft sheet, crayons, scissors, glue

- 1. Give each child a printed craft sheet and have them decorate each section of the square based on the topic written on it.
- 2. Cut out the box pattern, fold it, and make it into a box. Glue the side flaps.
- 3. Have the children throw their box and when it lands on a topic, they have to say a one-sentence prayer on the topic. For example, if the box lands on "Family," they have to pray for their family.
- 4. Have the children continue to throw their prayer box and pray for the selected topic.

Song: Select songs from the list above

Pray



Teacher's Devotion (Please read before you get ready to teach the students.)

Jesus showed us how to pray but, more importantly, he also set the example of putting God first. Everything Jesus did was for God, so it was only natural for his prayer to be focused on praising God and seeking God's will. Think of the last prayer you prayed. Maybe it was a quick, "God, help me to make more money" or, "Lord, give me patience with my friend." There's nothing wrong with quick prayers seeking God's help. But these quick prayers can reveal our real view of God. Consider the reason behind your last prayer. Did you want to make more money or have patience with your friend so that other people could see Jesus living in you? Stop and pray now that God would be the center of your life—and your prayers.

